

Entrance Antiphon The Lord became my protector.
He brought me out to a place of freedom;
he saved me because he delighted in me.

Responsorial Psalm Lord, it is good to give thanks to you.

Gospel Acclamation Alleluia, alleluia!
Shine on the world like bright stars;
you are offering it the word of life.
Alleluia!

Communion Antiphon I will sing to the Lord who has been bountiful with me,
sing psalms to the name of the Lord Most High.


ROSTERS - 8th/9th March 2025
Please arrange a swap if you are not available

Bemboka Sat 6pm	
<i>Commentator</i>	S Berman
<i>Readers</i>	G Berman
<i>Cleaners</i>	Woollett

Candelo Sun 9:30am	
<i>Commentator</i>	M Whitby
<i>Readers</i>	J Coman
<i>Cleaners - Mar</i>	Roger & Nalda Heffernan

Tathra Sun 7:45am	
<i>Commentator</i>	Kate D'Arcy
<i>Readers</i>	Peter D'Arcy
<i>Cleaners</i>	Marg T, Lee R
<i>Audio-Visual</i>	Paul Gardiner
<i>Eucharistic Ministers</i>	M Hergenhan, M Hergenhan

Bega Sun 9:30am	
<i>Commentator</i>	A Woods
<i>Readers</i>	M Russell
<i>Gifts</i>	Volunteer
<i>Counters</i>	Danni & Mary
<i>Music</i>	Matt Heffernan
<i>Acolyte</i>	Sean McCambridge
<i>Eucharistic Ministers</i>	K Rix




For Sale: Sunday Missal - \$32; Children's Mass Book - \$10. Contact the office or place your order in a marked envelope in the 2nd collection.

St. Pat's Choir practices Thurs 5.15—6pm
Contacts Mary 0428 471 012 or Matt 0429 338 348.

Meditation & Contemplative Prayer
Meeting is held on Monday at 7.30pm in the annex of Star of the Sea Church at Tathra.

Sunday Readings Reflection Group
Tuesday at 7pm Star of the Sea Tathra.
All Welcome.

ROSARY - all are welcome.
Tathra - 7:20am before Sunday Mass
Bega - 9am before Sunday Mass




MENS' GROUP: 2nd & 4th Thursdays
St Patrick's Church.
Contact David Grainger: 0409 430 997

St Patrick's Sacramental Programme
Baptisms—During Mass, 1 month notice
Confirmation 2025— TBA
Weddings—by appoint, 6 months notice req.
Please contact the Parish Office.

Syro-Malabar Mass 4th Wed of the Month
5pm Bega. Contact Lijoy 0469 341 965
സീറോ-മലബാർ കുർബാന
മാസത്തിലെ 4 ബുധനാഴ്ച
വൈകുന്നേരം 5 മണിക്കു ശേഷം.
ബന്ധപ്പെടുക: ലിജോയ് 0469 341 965

St Patrick's Parish is committed to safeguarding and upholding the rights and dignity of all our children and vulnerable people. We seek to empower children, their families & carers, and vulnerable people, to have a say, to be listened to and to be protected. This approach is at the centre of all our thinking and actions. Parishioners are encouraged to communicate concerns by emailing Fr Adrian, the Parish Office, the Parish Safeguarding Officer or directly to IPSS (ipss@cg.org.au)



8th Ordinary - Year C **2nd March 2025**

St. Patrick's Parish

St. Patrick's, Bega - St. Columba's, Bemboka - St. Joseph's Candelo Star of the Sea, Tathra.


Fr. Adrian Chan. Parish Priest.
Mrs. Tanya Tomlinson, Parish Secretary.
Hrs 9-2 Tuesday & Thursday *Bulletin Deadline: Thurs 10:30am*
Safeguarding, Mrs. Emma Grant, Bega.Safeguarding@cg.org.au
St. Patrick's School, Bega. Mrs. Jo Scott-Pegum (Principal) 6492 5500
Lumen Christi Catholic College, Pambula. Mr. Shane Giles 6495 8888

Ph. 64921058
PO. Box 6. Bega. NSW 2550.
Email: Bega@cg.org.au
Website: <http://cg.org.au/bega/>
Facebook: St Patricks Bega

We acknowledge the Djirringanj People, the Traditional Custodians who have walked upon & cared for this land for thousands of years. We pay our respect to Elders past, present & emerging. We acknowledge & respect their continuing culture & the contribution they make to the life of the Bega Valley.

She Must Have a Lovely Heart! *8th Sunday in Ordinary Time*

Someone said to me of a friend - She must have a lovely heart! The Gospel today is about goodness inside and that we draw much from the store of goodness inside ourselves.




A way of looking at this is to wonder what makes us feel positive in ourselves about others and about the world. We have days when we feel truly grateful for much in life and in the world, and the store of goodness fills up. There are days when the opposite happens, and Jesus speaks of the 'store of badness'.

The store of goodness is filled up in many ~ a good conversation with a loved one, ~ time spent with an infant in wonder of how and what this child is and will be, ~ listening to some good music and admiring good art, ~ taking time to pray and listening to the word of Jesus in the Gospel, ~ finding time to pray with others at the Mass or in prayer groups.

God in many ways increases our store of goodness and we allow this happen. You can find your favourite ways of bringing out the best in yourself. We know of people we meet whom we always feel the better for meeting. Prayer and faith should always bring the best out of us: give time each day to allow the total love of God for us to reach us.

Another store of goodness is the goodness of self. We can be too critical of ourselves and if so, we will probably find we are critical of others. Look this day into the mirror and give thanks to God for the man or woman you see there. If you look on ourselves with love, we will look on others the same.

Donal Neary S.J.

Parish Assembly 18 May after Bega Mass. Conversation with the Holy Spirit. This is a continuation of the conversation with the Holy Spirit series we did last year. - Fr Adrian.

RCIA: if you are interested in becoming a Catholic please contact Father Adrian at Adrian.chan@cg.org.au

Confirmation Enrolment. Archbishop Christopher will celebrate the sacrament of confirmation on 6th June. Enrolments are now being taken. Please contact the parish office for an enrolment package.

Congratulation to Fr Tony Percy - appointed Auxiliary Bishop of Sydney. Special farewell Mass 5pm on the Solemnity of St Joseph, Wednesday 19 March 2025, at St Christopher's Cathedral, Forrest ACT. Following the Mass, light refreshments will be served in Haydon Hall at 6.00pm.

Journeying with the Spirit. 22 March. Women's Day retreat "Journeying with the Holy Spirit" organised by Call to Connect catholic women's ministry and will be led by the MGL Sisters. Come along and enjoy a day of talks, prayer, discussion groups and more. For all details go to <https://events.humanitix.com/journeying-with-the-holy-spirit>

MenAlive Recharge. Sat 24 May 2 to 5.30pm followed by rosary, Mass and a shared meal. Mary Help of Christians Parish, South Woden. Cost: Nothing. Let's come together, renew our faith, and encourage one another to respond to the great need. Contact Mat at 0438446489 or Fr Emil at 0414 523 036.

STATIONS OF THE CROSS

Candelo - Tues 5pm followed by a cuppa



ASH WEDNESDAY MASSES
WEDNESDAY 5TH MARCH

Tathra 9am Mass
Bega noon School Mass
Candelo 5pm Liturgy

Sacrament of Penance/Reconciliation

Bega Saturday, 9.40 - 10am
Bemboka before vigil Mass
Candelo before vigil Mass
Tathra before Sunday Mass

Fr Adrian Contact: Mobile: 0411 676 064
Email: Adrian.Chan@cg.org.au

Weekdays

- Tuesday 5.00pm Bega Chapel
- Wednesday 9.00am Tathra.
- Thursday 9.15am Bega Chapel
- *Hillgrove House 3rd Thursday 3pm*
- Friday 9.15am Bega Chapel
4:30-5:30pm Bega 'Holy Hour of Mercy'
- Saturday 9.15am Bega Church

Sunday Mass Times

- *Bemboka* - Saturdays - 6pm Vigil
- *Candelo* - Saturdays - 6pm Vigil 1st, 3rd, 5th
- Sundays - 9:30am liturgy 2nd, 4th
- *Tathra* - Sundays - 7.45am Mass
- *Bega* - Sundays - 9.30am Mass
- 4th Sunday- 9:30am Family Mass

RECENTLY DECEASED: Fr Kevin Flynn, Mary Henare, Angela Borilovic

ANNIVERSARIES John Roberts, Denise Mulligan, Heather Pook, Angus Collins

Feasts Days

4th - St Casimir 1458-1484. Though a young prince of Poland, he preferred peace to being a soldier. He chose celibacy over marriage and favoured prayer & penance rather than royal privilege. Remembered for his generous life of austerity & devotion.
7th - St Perpetua & St Felicity, Martyrs, died 203. Remembered for the joyful courage of their final witness to Christ. Mentioned in Eucharistic Prayer I.
8th - St John of God, Religious 1495-1550. Remembered for this ministry, which was continued by his followers, who became the Order of Brothers Hospitallers of Saint John of God.



Minute Meditations - Hurt Hearts Can Heal'

The truth is, no matter the depth of any faith or trust in God, we betray one another and are betrayed. It adds up, and we shut down, crossing our arms tightly in self-protection. Betrayal is one of the hardest things to experience. Gazing upon the cross of San Damiano, Francis saw the risen Christ who transcended it. Holding doves, Francis offers a gentle possibility: "Praised be you, my Lord God, with all your creatures." Hurt hearts can heal. We can strengthen the wings of hope, no matter where we are on our journey. It was all one for Francis. He barreled ahead with an unflinching love, like a wind that still lifts those of us who are broken.

The way that St. Francis kept his arms open to all life, and accepted death within this embrace, is extraordinary. This "holy fool" took it head-on, with the same wholehearted exuberance: "Praised be you, my Lord, through our Sister Bodily Death, from whom no one living can escape." To praise God through death! Not

protesting it, or arguing with it, as if outrage or denial could change the course of its coming.

- from "St. Francis and the Gift of Love" by Maureen O'Brien

Wise Words:

Courage gives us a voice, and compassion gives us an ear. Without both, there is no opportunity for empathy and compassion
- *Berné Brown*



The Jubilee Prayer

Father in heaven, may the faith you have given us in your son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth.

To you our God, eternally blessed, be glory and praise for ever. Amen

